

Facilitator:

Date:

A. SECTION VII. TOOLS FOR SPIRITUAL ACCOMPANIMENT

B. Theme: The spiritual accompaniment of the Cenacle

C. Goal: To explore and suggest some methods of group spiritual accompaniment in order to provide accompaniment tools to the spiritual guides of the local Cenacle.

D. PART 1: Methods of spiritual accompaniment to groups and accompaniment skills

E. In dialogue with our spirituality (Video projection)

F. Answer the following questions individually after watching the video:

What methods of spiritual accompaniment to groups are mentioned? What are the basic skills that the spiritual guide must have? How are the methods and skills combined in spiritual accompaniment to groups?

G. Plenary: share answers

H. Reading by groups

Reading 1: Do we know how to listen? Twelve suggestions to get to know each other better, Learning to listen, Aquilino Polaino-Lorente, Barcelona 2008, pp. 1-2.



Answer the following questions: which of the listed behaviors prevent you from listening? What strengths do you identify when listening? Which of the 12 suggestions are applicable to your cenacle? Why?

Reading 2: J. Barbero, R. Giró, C. Gomis, The spiritual accompaniment, <http://fundacionmetta.org>

Answer the following questions: What is spiritual accompaniment? Why are trust, presence, and active listening important in spiritual accompaniment? What is the symmetry relationship mentioned in the document?

Reading 3: Practices that Guide Spiritually to a Cenacle (Manuscript)

Answer the following questions: What do the traditions and practices of the MCA mean? How should the Spiritual Guide accompany the experience of these spiritual practices? How should the spiritual guide motivate and challenge the MCA members in the traditions and practices?

I. Plenary. Each team shares the work done in the previous activity.

J. Schematic Summary

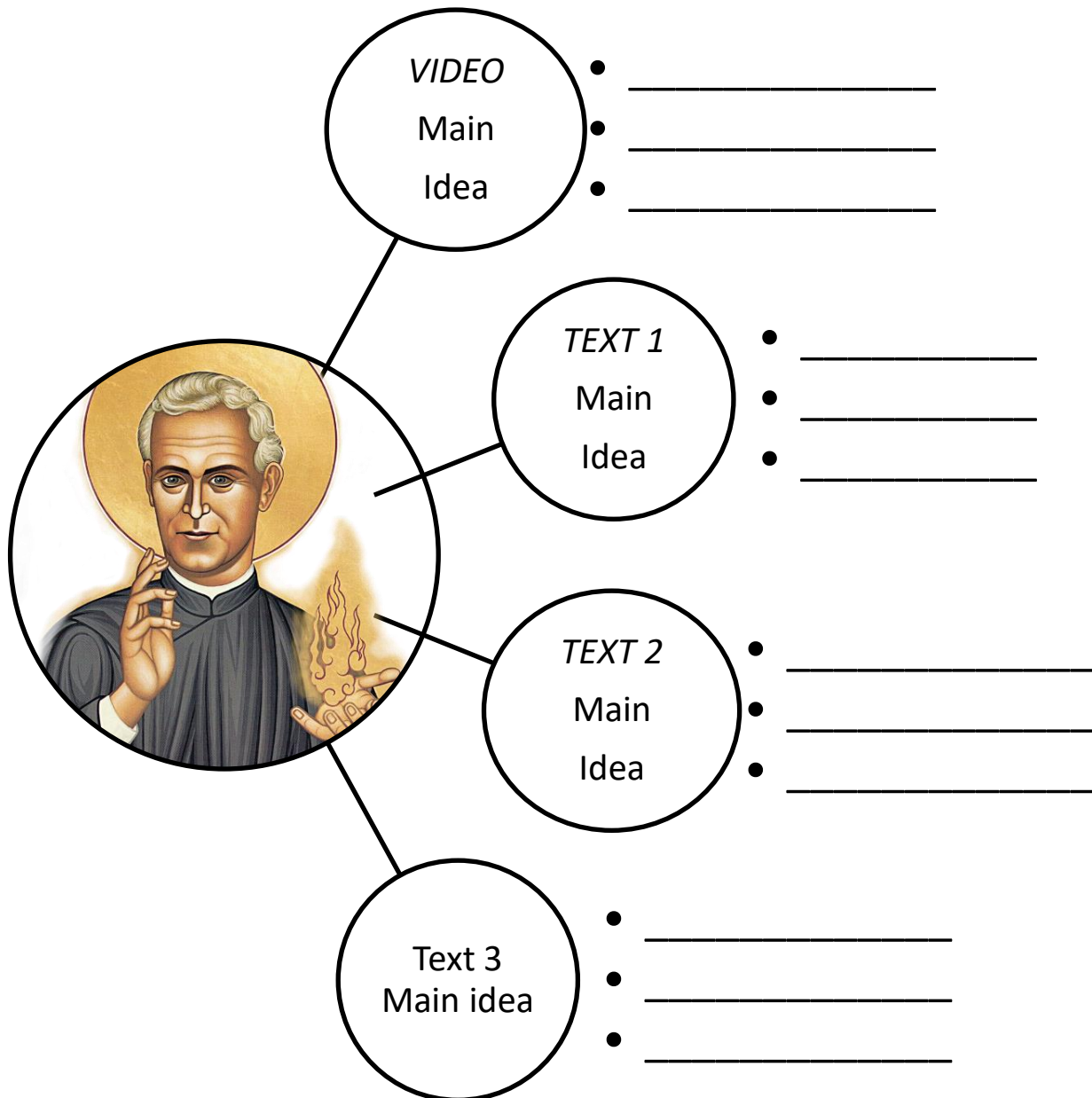
K. Attitudes Log

L. Reading and activity to do at home

SECTION 7. TOOLS FOR THE SPIRITUAL ACCOMPANIMENT

SCHEMATIC SUMMARY

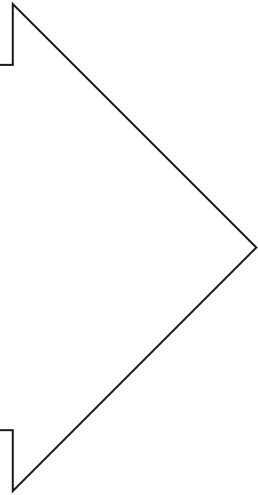
What did I learn today about the spiritual accompaniment to the cenacle?



ATTITUDES LOG

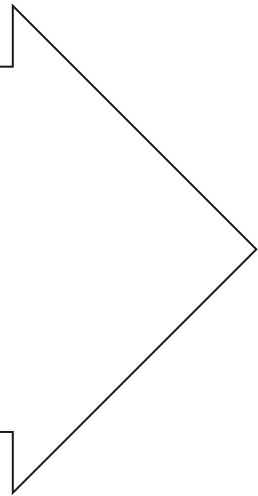
What is the emphasis of the spiritual guide in this session?

- _____
- _____
- _____
- _____
- _____
- _____
- _____



What do I discover about the spirituality of the Cenacle?

- _____
- _____
- _____
- _____
- _____
- _____
- _____



How does that strengthen me spiritually?

- _____
- _____
- _____
- _____
- _____
- _____
- _____

